# HUMAN PHYSIOLOGY

## Expression of Veda and the Vedic Literature

Modern Science and Ancient Vedic Science Discover the Fabrics of Immortality in the Human Physiology

Professor Tony Nader MD, PhD, International President of Maharishi Universities of Management

HIS MAJESTY KING NADER RAAM

FIRST SOVEREIGN RULER OF THE GLOBAL COUNTRY OF WORLD PEACE

A TEXTBOOK OF LIFE FOR EVERYONE

Professor Nader received his MD degree from the American University of Beirut, where he also studied internal medicine and psychiatry.

His PhD is in the area of Brain and Cognitive Science from the Massachusetts Institute of Technology (MIT), where he was also a visiting physician at the Clinical Research Center. He completed his post-doctoral work as a Clinical and Research Fellow in Neurology at the Massachusetts General Hospital, Harvard Medical School.

Professor Nader has conducted research on neurochemistry, neuroendocrinology, and the relationship between diet, age, behaviour, mood, seasonal influences, and neurotransmitter and hormonal activity, and on the role of neurotransmitter precursors in medicine.

His interest in natural health care led him, while at MIT, to conduct research on Maharishi Āyur-Veda herbal and mineral preparations for their safety, their effects on memory and behaviour, and their ability to prevent ageing and disease, including cancer.

He also conducted original research on the effects of Maharishi's Transcendental Meditation and TM-Sidhi Programme in solving social and international problems.

Professor Nader's desire to gain total understanding of the human mind and body—of consciousness and physiology—led him to the study of Maharishi's Vedic Science and Technology under the guidance of His Holiness Maharishi Mahesh Yogi.

He has organized courses and lectured widely on Maharishi Āyur-Veda, the ancient system of perfect health, in more than 50 countries, and held positions as a professor and director of Maharishi's Vedic Approach to Health Programmes.

He is currently International President of Maharishi Open Universities; International President of Maharishi's World Parliament of World Peace; Director of the Council of Supreme Intelligence of Maharishi's Global Administration through Natural Law; International President of Maharishi Āyur-Veda Universities; President of Maharishi University of Management, Holland; and President of Maharishi European University of Management, Brussels.

Professor Nader was honoured by Maharishi as Custodian of the Constitution of the Universe in 1997. He was also given the title Chakravartī by Maharishi on the day of Guru Pūrṇimā, 1997.

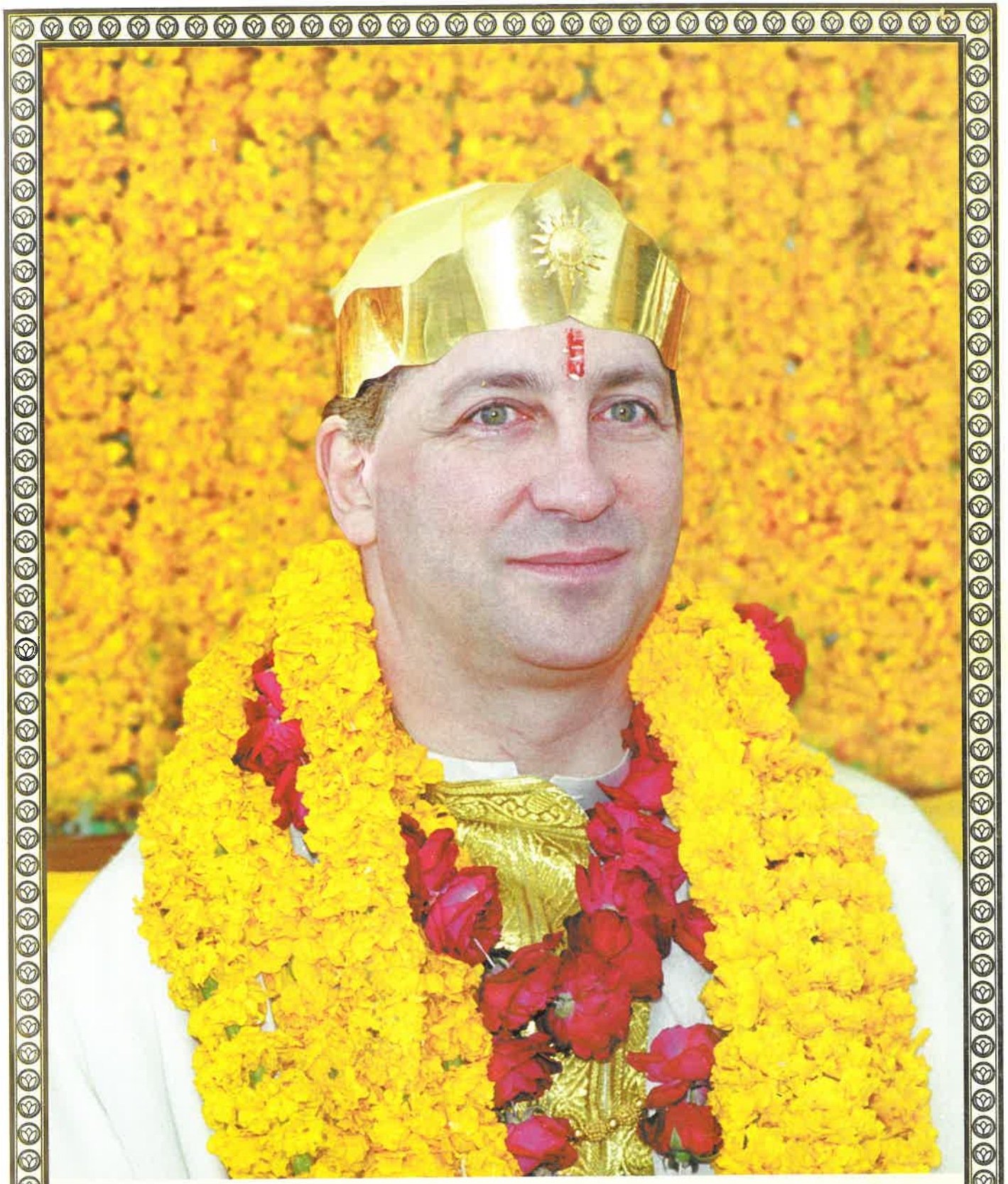
On the basis of his knowledge of physiology, Dr. Nader has successfully correlated each aspect of the Vedic Literature to a specific area of physiology, with the conclusion that human physiology is the expression of Veda and the Vedic Literature. This is the subject matter of this book.

In honour of his discovery, Professor Nader received his weight in gold at a historic celebration in February 1998, at Maharishi Vedic University in Vlodrop, Holland, in the presence of Maharishi.

This discovery has been appreciated by scientists and political leaders throughout the world, including the Presidents of India, Mozambique, Lebanon, Turkey, and Trinidad and Tobago, and the Maronite Patriarch of Antioch and of all the Middle East.

From 12 October to 16 October, 2000, during a five-day coronation ceremony (Rājyābhishek), Professor Tony Nader, was crowned the First Sovereign Ruler of the Global Country of World Peace, with its Constitution in Ṛk Veda, the Constitution of the Universe, and its authority in the invincible organizing power of Natural Law, which naturally and eternally governs the evolution of all life everywhere.

On 17 October, Professor Nader, honoured with the title 'Nader Raam', in keeping with the tradition of the Royal Rulership of Raam—the Rule of Natural Law—graciously accepted his new sovereign role and announced the forty Ministries of his Global Country of World Peace, each upheld by the total Constitution of the Universe—forty values of the Vedic Literature—and yet also especially highlighted by one of the forty.



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